

DIFFICULTIES AND LIMITATIONS IMPOSED TO FEMALE KNOWLEDGE AND PLEASURE BODY

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This work of bibliographical character and approach qualitative reasons in particular on Foucault (2005, 2006), Blonde (2007), Gagnon (2006), among others, was drawn from the analysis of a study quantitative Cavalcanti, Santiago and Tessarioli (2009) presented at the Tenth Congress of the Latin American and Sexual Medicine - SLAMS - held in Florianópolis, Santa Catarina, in August 2009. Aims pointing out the difficulties of recognition body Women, especially the perception vaginal. The body is our first world, it is our subjective world. If a person does not understand and their faces naturally limitations, desires, needs and possibilities as can understand the world of another and the world around you? How can open up to their sexualities are know your capabilities? Before being a being in the world, are the world of our own being. The analysis is based on a study of eight women with orgasmic dysfunction, patients of private practice, The mean age of 52 years, with average level of education and resident in São Paulo. All were subjected to an inventory of sexuality and then examined to assess the AFA (Functional Assessment of Floor). Each patient received a kit consisting three toners of different weights and diameters to be introduced into the vagina. Patients were instructed to do daily exercises and contraction relaxation of the pelvic floor muscles around the tonic. Three patients had difficulties the use of tonic, and one refused to use it. However, five patients perceived improvement in interest sexual. The use of toning facilitated the perception vaginal and consequently revived the interest in sexual activity in five of eight patients. The Association study of psychosexual orientation and use artifacts that contribute to the improvement of the response sexual women in climacteric and postmenopausal influence positively

the development of body awareness. The results of this study is that we drew attention, for 62.5% of patients perceived improvement in sexual interest from the perception vaginal and 37.5% of patients had problems to take the experiment below. The difficulty of women in recognize their own body is the result of how it was sexually educated or uneducated, taboos and prejudices that still fall on sexuality female. Here's one reason, most women can not reach the pinnacle of pleasure: orgasm. Many never felt, and other mistakenly believe hit him. Since the girl look of the female body is inhibited and coerced into refraining touch the freedom of physical expression. There is always a gaze control, discipline and a vision of reproductive sexuality. Culturally, the woman always was suppressed and had to adapt to the sexual norms social, not allowing yourself to know your body, and very less their own genitals. If the boy masturbation was condemned, for women, even today, is viewed with prejudice, so do not feel the pleasure in its fullness. This limited view and internalized identity of certain female body socially lasts for life and influencing preventing many women allow live sexuality in a healthy manner and enhance the pleasure to achieve even orgasm.