

Determine Body Image Perception in The School of Nursing Students

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ABSTRACT

PURPOSE: The study was planned as a descriptive research to determine body image perception in the school of nursing students.

METHOD: The study population was consisted of all students (n=482) studying in the school of nursing. The sample of study included 380 students who were studying in school and who were volunteer to participate and give information for the study between 16-26/January /2007. Written ethical approval for the study was obtained from the ethical review board of the school. The questionnaire consisted of an Information-Form which was prepared by the researcher and “The Multidimensional Body-Self Relations Questionnaire” of Cronbach-Alphavalues:0.94 which was validity and reliability by Doğan&Doğan was used. The data were analysed by using numerical and percentage, correlation-coefficients, variance and post-hoc significance test.

RESULTS: The mean of the total-bodyimage-scores they were found 202.53 ± 25.03 . Between age-group and questionnaire total-score is found statistically significant (F:2.04, p:0.01). Particularly in the dieting students score was found to be relatively lower than nondieting students (F:3.72, p:0.01). There were significant differences in aspect of total-scale-scores between group which wished to be lowerweight and group which was content with their weight (F:12.45, p:0.00).

CONCLUSION: Consequently, majority is high bodyimage-scores of nursing students. This study may be help to understand particularly in adolescents bodyimage of effect factors and to gain healthpromotion of lifestyles.

Key Words: Nursing student, body image, self-concept