

Mesa Redonda 2

A avaliação perceptiva: percepção e insatisfação com o corpo **Perceptual Evaluation: Perception and Body Dissatisfaction**

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The relevance of body image disturbance, including body size distortion and body dissatisfaction, to eating disorder pathology will be discussed. A brief historical overview of methods for measuring perceptual distortion and body dissatisfaction will be given, including analogue scales, image marking techniques, optical distortion methods, and figural drawing scales. Special emphasis will be given to recently developed video distortion techniques, including one developed by this author (Gardner & Boice, 2004). Methodological issues in measuring body dissatisfaction will be discussed, including the distinction between sensory and non-sensory factors. These two aspects of body image disturbance have been demonstrated to be independent of one another. Psychophysical techniques for measuring sensory and non-sensory factors independently will be reviewed, including signal detection theory, method of constant stimuli, and the adaptive probit estimation technique. The Gardner and Boice (2004) software will be demonstrated and results obtained with this software from studies on college students, children, and anorexic patients will be presented.